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Bozeman Business & Professional Women
Representing the Bozeman Area Business & Professional Women's Community Since 1930



JUNE 2010

Bozeman Chapter Newsletter

www.bozemanbpw.org

REPRESENTING THE BOZEMAN AREA BUSINESS AND PROFESSIONAL WOMEN'S COMMUNITY SINCE 1930

Message from the President

Dear Bozeman BPW Members,

I have been quite amazed by how powerful it is to pay attention to things that make me happy instead of overlooking them. When the mind is inclined this way, my brain seems to change gears and look at everything more positively. Anonymous from AWAKENING JOY.

Glimpses of new growth and summer are appearing. Between the rain and snow, the sun shows and spring flowers, tree leaves, and growing lawns are making their presence known. What an inspiration the Zone 4 presentation was at BPW on Wednesday, June 23. I am happy and anxious to get in the dirt and complete planting my "deck" garden. Pat Simmons gave a creative acknowledgment for retiring officers and an inspirational and beautiful installation for new officers presenting each officer with a plant or a flower.

Plant seedlings are necessary for a successful crop of flowers and plants. The seedlings of BPW officers and committees last year turned into an abundant crop. We gained 33 new members, had an outstanding Honors program, supported legislative issues pertaining to women, presented educational and informative programs, stream-lined our bylaws, made new friendships, gained in leadership skills, networked with diverse women, gave two

scholarships, revised and kept within our budget, began and continued to use technology, had outstanding newsletters and superb secretarial minutes. We made the Bozeman BPW beneficial to interested working women of each generation.

I am full of gratitude for the officers, committee chairs, committee members, and Bozeman BPW members for 2009-2010. We truly were a leadership team in many circumstances. Being your president has brought me a lot of joy and happiness. I have been able to improve and use my skills.

Now how do I awaken the new seedlings for the June 2010 to January 2011 session? This is a transition year since our bylaws changed our calendar year to complete and begin in January. How do I facilitate the seedling growth for this shorter year? I think that part of the answer comes from awakening teamwork. And before teamwork can be awakened, each officer and member needs to find their own happiness and joy, which is a day by day and life long process.

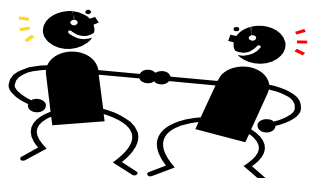
So with that in mind, I offer you 10 steps that will put you on the road to real happiness from the book, AWAKENING JOY by James Baraz and Shoshana Alexander.

Those abbreviated steps are:

1. Incline the mind toward joy
2. Mindfulness: being present for your life
3. Grateful heart; joyful heart
4. Finding joy in difficult times
5. The bliss of blamelessness
6. The joy of letting go
7. The sweetness of loving others
8. The joy of loving others
9. Compassion: the natural expression of a joyful heart
10. The joy of simply being.

I invite each and every member to awaken the joy in your life and to contribute in some way to the successful crop for the Bozeman BPW for 2010. I guarantee you will find the joy of simply being. And from your being, you will make your contribution. Let's plant, fertilize, and water our seedlings so that Bozeman BPW can have a successful crop by January, 2011.

Sally Babcock



June Networking Social

Mark your calendars for our June social at BOZEMAN'S NEWEST BAR: Monday, **June 14, 5:30 pm at Bar IX at 311 East Main Street.** Remember, this is an open hour of networking; feel free to come and go as your schedule allows. We would love to have you join us for some fun and networking! All BPW members are encouraged to attend, and please bring a guest. Remember, our socials are a great way to spread the word about BPW to our friends and associates. We hope to see you there!

LEGISLATIVE COMMITTEE UPDATE

VOTE in the PRIMARY ELECTION JUNE 8!

On Tuesday, June 8, please vote in the Primary Election! A primary election is a nominating election: you **vote either the Democratic or Republican ballot**. Several candidates from the same party may file for office, but just one candidate from the party is elected. That one candidate then advances to the November election. On the November ballot, all the candidates from all political parties are listed.

IT'S IMPORTANT TO VOTE in the primary election, because the winners of these elections go on to the November election. You can shape the races for November. If you vote by mail, your ballot must be RECEIVED by 5 p.m. on election day, June 8, to the elections office. If you don't mail your ballot in time, you may hand-deliver it to any polling place, or to the elections office in the county courthouse.

NEW POLLING PLACES

The county elections office has changed the location of some polling places. Precincts are voting districts in the county. If you vote on election day, go to your precinct polling place to vote. Your precinct number is printed on your voter registration card, or you can call the elections office at 582 3060 to ask where to vote.

PRECINCT NAME & ADDRESS

1. West Yellowstone School – 500 DeLacy Ave
2. Ophir School – 45465 Gallatin Rd
3. Gallatin Gateway Community Center – Mill St
4. Hope Lutheran Church – 2152 W. Graf St
5. Hope Lutheran Church – 2152 W. Graf St
7. Three Forks School – 212 E Neal St
8. Three Forks Town Hall – 206 Main St
9. Manhattan Christian School – 8000 Churchill Rd
10. Manhattan High School – 200 W Fulton Ave
12. River Rock Community Center – 101 River Rock Rd
14. Manhattan High School – 200 W Fulton Ave
15. Pass Creek Community Center – 21805 Rocky Mountain Rd.
16. Sedan Community Center – 26600 Bridger Canyon Rd
17. Springhill School – 6020 Springhill Community Rd
18. Belgrade Fire Training Center – 95 N Davis St
19. Fairgrounds Bldg #1 – Tamarack & Black
20. Bridger Canyon Fire Station – 8081 Bridger Canyon Rd
21. LaMotte School – 841 Bear Canyon Rd
23. Reno H. Sales Stadium – 11th & Kagy
24. Fairgrounds Bldg #1 – Tamarack & Black
25. Hope Lutheran Church – 2152 W. Graf St
26. Belgrade Middle School – 410 Triple Crown Rd
27. Belgrade Senior Center – 92 Cameron Ave
28. Belgrade Special Events Center – 225 Spooner Rd
29. Belgrade Special Events Center – 225 Spooner Rd
30. Fairgrounds Bldg #1 – Tamarack & Black
31. Fairgrounds Bldg #4 – Tamarack & Black
32. Reno H. Sales Stadium – 11th & Kagy
33. Reno H. Sales Stadium – 11th & Kagy
34. Reno H. Sales Stadium – 11th & Kagy
37. Reno H. Sales Stadium – 11th & Kagy
38. Fairgrounds Bldg #1 – Tamarack & Black
40. Fairgrounds Bldg #3 – Tamarack & Black
41. Fairgrounds Bldg #1 – Tamarack & Black
42. Fairgrounds Bldg #1 – Tamarack & Black
43. Fairgrounds Bldg #2 – Tamarack & Black
44. Fairgrounds Bldg #3 – Tamarack & Black
45. Fairgrounds Bldg #2 – Tamarack & Black

Respectfully submitted,
JP Pomnichowski
Montana State Representative
House District 63, Bozeman/Gallatin County
pomnicho@montanadsl.net 406.587.7846

BPW 2010 Scholarship Recipients

Heather Lytle

Heather Lytle is completing her degree in Nursing at Montana State University. She will graduate in May 2011. Her general goal in life is "to support the underprivileged of this world that they might receive the most efficient and effective physical, emotional and spiritual support they deserve." Her accomplishments include working with AIDS orphans in Africa for four years with Music for Life. She served as a volunteer tour leader with the African Children's Choir and led 72 children from Uganda, Rwanda, Kenya and South Africa as they performed in venues that ranged from tiny churches to the G8 Summit in 2006, performing before 200,000 people. This provided full educational sponsorships through university level for these children. She also served as a field director in Nkomazi, South Africa, where she helped train a local team that now runs relief and development programs for 400 orphans in eleven villages and developed a registered boarding school for 42 orphaned students. Last summer she went as part of a medical team from Helena to provide services to the poor of Mozambique. This summer she will be working on an internship at the Mayo Clinic in pediatrics. Her future goal is to become a Nurse Practitioner and with Montana as her home base, become involved in establishing clinics for women and children in Africa.

Christina Waller

Christina Waller will be starting her Masters Degree program in Sustainable Food Systems at Montana State University in the fall of 2010. She obtained a BS degree from MSU in 2006 with a major in Food and Nutrition and minors in Business Administration and Small Business Entrepreneurship. She is employed by the Community Food Co-Op and in three years has risen to Manager of the offsite Central Kitchen, overseeing over 25 employees. The Kitchen produces the wonderful, healthy prepared food sold by the Co-Op. She has developed the recipes that utilize local ingredients and yield the best and healthiest products at the lowest cost. Her future goal is to be a teacher of sustainable gardening practices, "nutritional principles and cooking skills to children and families as a means to combat the growing epidemic of obesity in this country." She also dreams of owning her own small, sustainable farm where these classes could be taught in conjunction with her continued work at the Co-Op.

New BPW Officers elected at May lunch meeting

The May BPW lunch meeting included the installation and celebration of new and retiring officers. This special ceremony included officer introductions and presentation of flowers by Pat Simmons. Officers and committees are listed below. The officers are the Executive Committee. Committee chairs and the Executive Committee are the BPW Board of Directors.

BPW Officers

President - *Sally Babcock*

Program Vice President - *Kelly Gaugler*

Membership Vice President - *Barbara do Amaral*

Recording Secretary - *Carol Scott*

Co-Treasurers - *Tanaya Carter and Sarah Marshall*

BPW Committees

Program - *Kelley Gaugler*

Membership - *Barbara do Amaral*

Communications

Newsletter - *Andra Spurr*

Website and Bulletin Board - *Pat Simmons and Tracey Jones*

Facebook - *Bonnie Anzick and Cora Larson*

E-Mail & Reservations Coordinator
Beth Bridgers Johns

Scholarship - *Beth Bridgers Johns*

Legislative - *JP Pomnichowski*

National Business Women's Week - *Chrissy Frank and Pat Simmons*

Bylaws - *Pat Simmons*

Honors (Young Careerist, Woman of Achievement, Employer of the Year)- *Kris Zimmermann*

MONTANA'S WOMEN IN BUSINESS CONFERENCE

presented by
U.S. Small Business Administration, Montana Women's
Business Center
and Prospera Business Network.

June 24 & 25

Yellowstone Conference Center, Big Sky Resort. Go to
www.prosperabusinessnetwork.org for more information

Congratulations to Paula Beswick!

BPW member Paula Beswick was recently featured in the *Bozeman Daily Chronicle's* Balance section. The article is in the section "Real Women/Profile" and "Turning pages with Paula Beswick, Bozeman Public Library Foundation Director". Paula was the speaker with Alice Meister during National Library Week at our April Bozeman BPW meeting.

ARE YOU A "CLOSET" COMMITTEE MEMBER??

Step up to the Plate!
Committee Folks ALWAYS welcome!
Get Involved, Make Friends,
Business Contacts, and Have Fun!

Happy Anniversary!

We have several members celebrating BPW anniversaries this month. Congratulations to all of you!

Norma Boetel

Roxanne Klingensmith

Marjorie Knaub

Esther Nelson

Pat Simmons

Kelly Gaugler 2009

Colleen Herrington 2009

NEW MEMBER ALERT!

Welcome new members

Cammy Dooley, Morrison Maierle, Inc.

Cristy Swanson, First Montana Bank

Penny Walker, Mary Kay Cosmetics

We are excited to have you a part of BPW!

JUNE 2010 CALENDAR

June 9 – Meeting at Comfort Inn, 12:00 PM – 1:00 PM, Elephant Exhibit at the Bozeman library, Donna Climera

June 14 – Monday, Networking Social, Bar IX (Bar 9), 311 East Main, starts at 5:30 PM

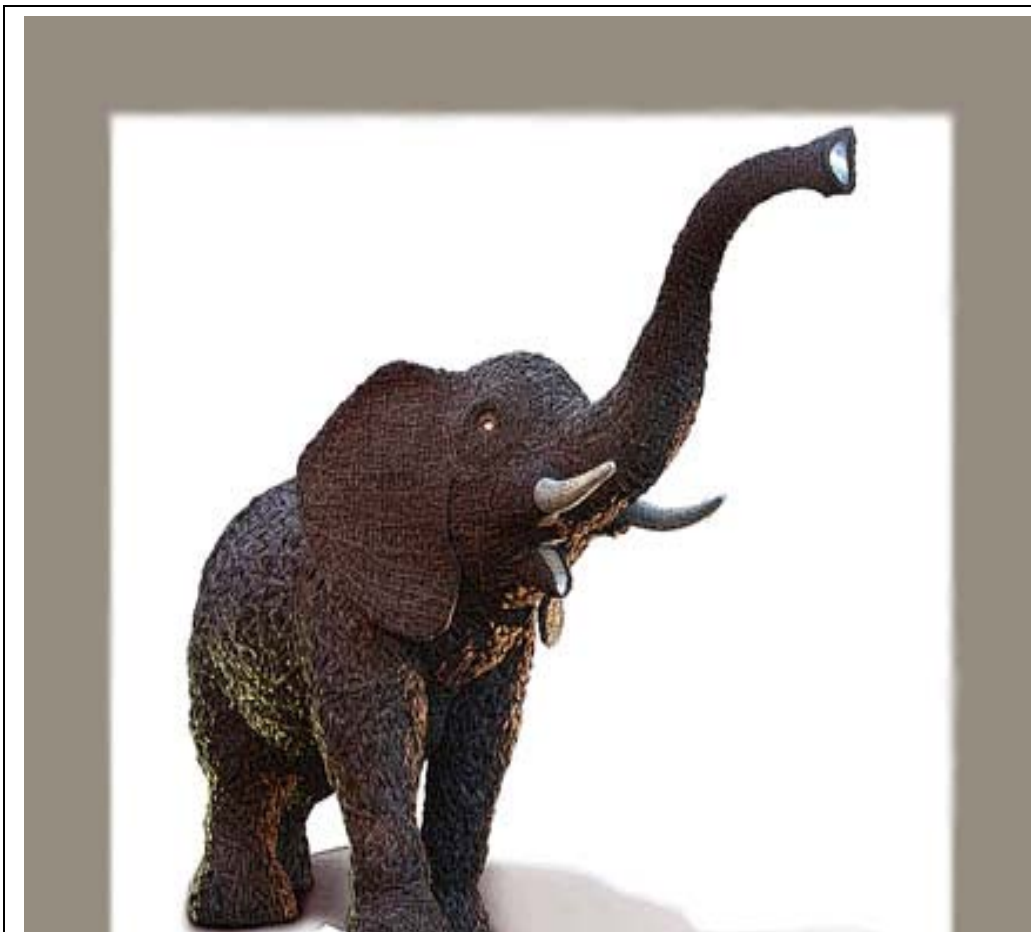
June 23 – Meeting at Comfort Inn, 12:00 PM – 1:00 PM, What's Happening in Bozeman?-Susan Tollefson, from the Emerson Garden & Home Tour and Ellie Staley, Downtown Bozeman Association

July 7-BPW Board meeting at Stockman Bank, Oak and 19th Streets, 6 p.m. All members are welcome.



Update on Kathy Hanpa Russell

Kathy moved from Bozeman to Spokane a year and a half ago to work for an architecture firm. She recently had her second child, Anica, born on March 10. Kathy was our Bozeman BPW and state BPW Young Career Woman and also chaired our state convention three years ago. Kathy's contact e-mail is timkatrussell@msn.com for those who would like to contact her.



Don't miss the June 9th meeting with the presentation on Nomkhubulwane the Elephant!

The exhibit will be at the Bozeman Public Library from August 3 to September 15th. You can check out nomkoo.org or bozemanlibrary.org.

This elephant sculpture promotes sustainability!

GET THE WORD OUT!

Advertise on the BBPW Website

www.bozemanbpw.org for only \$10/year!

Check out the following Member Pages, and be sure to use these members' valuable services!

Ann Schrader, Business Coach & Consultant – *Changing Directions Inc.*
Arison Antonucci-Burns, Realtor/Property Manager – *Keller Williams, Above & Beyond Property Management*
Barbara do Amaral - *Century 21 Summit Realty*
Beth Bridgers Johns, Architect – *Living Places Design Studio*
Bonnie J. Anzick, Agent – *Central Insurance Agency*
Dr. Breana McElgunn, Owner/Naturopathic Physician - *Gallatin Valley Natural Medicine*
Casey Magan, Attorney – *Waddell & Magan Trial Lawyers*
Chrissy Frank, Loan Officer – *First Security Bank*
Heather Jacks, Owner – *Dust Bunnies*
Kelly Gaugler, Real Estate Loan Officer – *Stockman Bank*
Dr. Kimberly Maxwell, CEO/Chiropractor – *Abundant Health Family Chiropractic*
Kris Zimmermann - *Energy Healing, Dowsing, Feng Shui Consultant*
Laura H. Young, NCBTM – *Holistic Hand Massage Therapy*
Lauren Goeddel, Financial Advisor and Registered Investment Advisor Representative - *S.G. Long and Company*
Marian Steffes, Owner – *Bear Creek Respite Care Center*
Sally Babcock, Owner - *Whitepine Counseling Services PC*
Sydney Rick, Agent – *The Prudential Insurance Company of America*
Tracy Jones, Owner – *Speedy Print*

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HELPING YOU NAVIGATE THE FUTURE.

For a complete list of BBPW's sponsors, go www.bozemanbpw.org

GOT NEWS??

Please send your July newsletter items to me by June 20!

Andra Spurr,
Newsletter Editor
bpwandra@gmail.com

MISSED THE LAST MEETING?

Minutes are posted on our website:
www.bozemanbpw.org/minutes.html

Please let us know of any corrections!

2010-2011 OFFICERS

President:	Sally Larson Babcock	sallybabcock@gmail.com
1 st Vice-President (Program):	Kelly Gaugler	
2 nd Vice-President (Membership):	Barbara do Amaral	
Recording Secretary:	Carol Scott	
Co-Treasurers:	Tanaya Carter & Sarah Marshall	

Bozeman BPW

Local – Bozeman BPW www.bozemanbpw.org

National – www.bpwfoundation.org

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